



Proactive Physio Plus

Your enhanced therapy hub

1796 16th Street East
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Speaker Profiles

Dr. Bryan Young, Neurologist, Grey Bruce Health Services

Dr. Bryan Young is an emeritus professor of Neurology and Critical Care at the Western University in London, Ontario. He currently works full time at Grey Bruce Health Services in Owen Sound.

Dr. Young has a special interest in acute diseases affecting the brain and has collaborated with Dr. Adrian Owen in London in examining functional MRI in patients with traumatic brain injury.

Deepha Romuwalt PT, C/NDT

Deepha graduated in 1999 and started her career in the Department of Neurosurgery in Trauma care. She is a certified member of the Neuro-Developmental Treatment Association and has advanced level training in NDT/Bobath treatment techniques. She has also completed the specialized training necessary for pelvic health rehabilitation. After working in long-term, retirement, hospital and community settings, she is now practicing full time in the clinic.

Deepha strongly believes in the holistic approach. Clinically, her practice revolves on the platform of the science of neuroplasticity. She uses her skills in manually facilitating proper movement patterns while inhibiting undesired patterns. She works to restore functional movement with postural and motor control, to assist the client in attaining their goals. She provides individualized, one-on-one treatment tailored to their needs.

Deepha enjoys mentoring, educating and has been invited as a speaker for various small groups for treatment tips and injury prevention. Besides spending time with her family and friends, travelling and reading are some of her favourite things to do.

Alysia Christiaen, Partner, Lerner LLP

Alysia Christiaen is a partner at Lerner LLP (London and Owen Sound). She practices Personal Injury, Class Actions and Health Law. Alysia has worked at Lerner LLP since 2009, when she was called to the Ontario bar. She completed a Bachelor of Science (Hons) at the University of Toronto, Trinity College, in 2004, and received a Bachelor of Laws at the University of Western Ontario in 2008.



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Alysia is currently a director on the board for the Parkinson Society Southwestern Ontario and the Brain Injury Association of London and Region (past chair). She is also a member of the St. Joseph's Hospice Handbags for Hospice organizing committee.

Alysia has lectured at Western University, Faculty of Law in the civil procedure course, and the Alternative Dispute Resolution workshop (mediation module). She was the chair of the Middlesex Law Association Mentoring Dinner from 2010-2016. She was also the co-chair of The Advocates' Society Fall Forum for young lawyers in 2012.

Alysia enjoys fashion, playing baseball and NASCAR auto racing (but has not yet been allowed to drive one of the race cars).

Dr. Lesley Miller, Neuropsychologist, Brookside Psychologists

Dr. Miller is the Director of Brookside Psychologists and is a Clinical Psychologist and Neuropsychologist working with adults. Her primary area of practice pertains to neuropsychological assessment and treatment of traumatic brain injury. She recently served as President on the Board of the Brain Injury Association of Peel/Halton and is a member of the Ontario Brain Injury Association.

Dr. Miller also offers counselling treatment for anxiety, depression, post-traumatic stress disorder, and chronic pain, primarily using a cognitive behaviour therapy (CBT) approach. She also provides client-centred counselling with regard to identity and relationship issues, particularly LGBTTIQ issues and gender identity and is a member of the Canadian Professional Association for Transgendered Health (CPATH).

Dr. Miller completed her Ph.D. degree in Psychology at the University of Toronto in 2011. Dr. Miller is a member of the Ontario Psychological Association, the Ontario Rehab Alliance, and is certified to conduct Catastrophic Impairment Assessments (Mental and Behavioural) by the Canadian Society of Medical Evaluators and the Canadian Academy of Psychologists in Disability Assessment.

Dr. Kristen Robinson, Optometrist, Saugeen Shores Eye Care

Dr. Kristen Robinson was born and raised in Saugeen Shores and has enjoyed settling back into her home town these past few years. She graduated from the University of Waterloo School of Optometry with her Honours Bachelor of Science and Doctor of Optometry degrees in 2011, and has been practising alongside her father and brother in their newly renovated and



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expanded office ever since. She was the vice-president of her Optometry class and received the Good-Lite Pediatric Optometry Award upon graduation. Dr. Robinson enjoys seeing patients of all ages, but has a particular interest in pediatric care and binocular vision.

Elias Jones PT, FCAMPT

Elias Jones graduated his Bachelor's Program in India in 1997. He has worked in India and Middle East as clinical physiotherapist. He relocated to Canada to pursue advanced training.

He has been trained in the Advanced Manual therapy skills through APTEI, where he completed his Diploma in Advanced Orthopedic Physical therapy. He also has a level 3 training in Manual Therapy through orthopedic division of the Canadian Physiotherapy association. He has also undergone training in McKenzie programs, Mulligan mobilisation concepts and neural mobilisation through NOI group. He has a passion for pain science and is currently involved in research pertaining to chronic pain.

He has completed Masters in Clinical Science program in Canada. He is an FCAMPT (Fellow of Canadian Academy of Manipulative Physiotherapy) accredited Physiotherapist. In his 19 year experience he has conducted numerous courses across Middle East, India and Canada.